

TUTSHILL CHURCH OF ENGLAND SCHOOL

'Love One Another, Know Ourselves, Believe And Grow'



Lenten Calendar

This year, the children of Tutshill C of E Primary School have created a Lenten Calendar to share with the local community.

They have thought about ways they can live through the core values of: Compassion, Perseverance, Creativity, Responsibility, Courage, Respect and Forgiveness.

Put this calendar somewhere in your home and choose an activity a day that will help you to pray, reflect, fast and give throughout the 40 days of Lent.

Lenten Calendar 2021

<p>Express your love and support through the 'Hearts of Love' activity.</p> 	<p>Offer to make a drink for everyone in your house.</p> 	<p>Plant something ready for the new season.</p> <p>The old has passed away; behold, the new has come</p> <p>2 Corinthians 5:17</p>	<p>Take a walk past the Church. What do you think of when you see the Church? What do you notice? How do you feel?</p> 	 <p>Have a sort out in your bedroom and find toys or books you could donate to others.</p>	<p>Fear not, for I am with you; Isaiah 41:10</p> <p>Can you send a message to show someone who is lonely that you are there for them.</p>	<p>Discuss as a family ways you can reduce the amount of plastic you use. Is there plastic that you could recycle ?</p>	<p>Think of your favourite iSing Pop song and sing it as a family. How does it make you feel? Who else could you share the song with?</p> 
<p>Jonah spent 3 days in the belly of the Whale praying to God and asking for forgiveness. Is there anyone you would like to ask for forgiveness?</p> 	 <p>Take some time to look up at the stars. How do you feel when you see the twinkling lights? What questions do you have?</p>	<p>Read Daniel and the Lion's Den. How would you describe Daniel? What lessons can we learn from him?</p> 	<p>Share good news with someone you love through a phone call, video call or a letter. Read 1John 1: 1-3 and think about the good news that John shares with the people.</p>	<p>A friend loves at all times</p> <p>Proverbs 17:17</p> <p>Can you make a friendship bracelet for your friend? How do your friends make you feel?</p>	<p>Look for three good things that God made.</p> <p>One of them is you!</p> 	<p>Express Yourself!</p> <p>Take the time to express yourself through a creative activity. Encourage people in your family to join in.</p>	<p>For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, Read Matthew 25:35-40</p> <p>Could you donate to a local food-bank?</p>
<p>On the Sixth day, God created animals that live on land. Go on a nature walk and discover the wild-life near you.</p>	<p>Organise a sports activity for the people in your home. Stay Active and get fresh air!</p>	<p>Decorate a stone and leave it for someone to find. How would you like someone to feel when they find it?</p>	<p>Set yourself a target that you would like to achieve this year. What will you need to do to achieve this?</p> 	<p>How musical are you? Think about sounds you like and create a piece of music for someone.</p> 	<p>On the fifth Day of creation, God made animals that live in the sky. Can you put out food for the birds in your garden?</p>	<p>Bake a sweet treat and share it with people that you love.</p> 	<p>What is your favourite story from the Bible. Can you take time to read and reflect?</p>
 <p>Thank someone who watches over you and protects you.</p>	<p>Screen free day.</p> <p>How can you use this time positively? Can you take time to connect with other people and the world around you?</p> 	<p>Read about Jesus and how he healed the ten men with leprosy. What does this story teach us? How do you think the ten men felt?</p>	<p>Light a candle on think about Jesus as the Light in the darkness. Think about a time you have looked to Jesus to light the way.</p> 	<p>What is your favourite story from the Bible. Can you take time to read and reflect?</p>	<p>Take time to read the Ten Commandments.</p> 	<p>Write 5 things you are grateful for.</p> <p>"Give thanks in all circumstances; for this is the will of God in Christ Jesus for you." 1 Thessalonians 5:18</p>	<p>Write an acrostic poem using the name of a family member and share it with them. Think about including all of the qualities that make this person unique.</p>
<p>Find a quiet space and meditate.</p> 	<p>Make a Palm branch out of green craft paper. Imagine you are part of the crown on the First Palm Sunday.</p> 	<p>Show gratitude by writing a thank you letter to someone who has helped you recently.</p>	<p>Can you walk somewhere instead of driving today? How can this help our Wonderful World?</p>  <p>Read Psalm 104</p>	<p>I will give thanks to you because I have been so amazingly and miraculously made—Psalm 139: 13-14</p> <p>We are all unique. What makes you unique?</p>	<p>Read the Good Samaritan and reflect on a time you have shown compassion to a stranger.</p>	<p>Put a picture with a positive message or image in your window for people to enjoy on their daily walk.</p> 	<p>Think about the clothes and shoes you have at home. Are there any that you have outgrown and could donate?</p>